### **3 V 2 PUCK PROTECTION GAME**



Time:	Station:	
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The 3 v 2 Puck Protection Game shared by Daniel Paille helps players practice down low offensive zone concepts.

## Setup

- •Teams line up above top of the circle with O on one side and X on the other side.
- •O will start on offense with 3 players vs 2 X defensive players. O's try to score staying on one half of the ice. If the defensive X players get the puck, they try to rim to their X teammate on weak side. The X player player can not release until puck reaches the weakside.
- •When the defensive X's get it over to their weakside X player, the O's will change and new line of 2 O players play defense while another O waits weak side.
- •The 2 X's join player on weak side for offense.
- •The play continues if the offensive team scores, or the offensive team gets a shot on net.
- •Offense is out if they miss the net on their shot or the defense rims the puck to their weakside player.

# **Coaching Points**

#### Offense:

- •The high forward should jump in for support to outnumber the 2 defenders.
- •The forwards should support each other with close triangle support.
- •When offense gets the puck they should attack the net quickly.

### •Defense:

•Keep sticks on ice to block passing lanes and angle forward to the outside, away from the front of the net.